Fun With Research

Bill Cheswick AT&T Labs - Research ches@research.att.com



I of about 90

Outline

- A bio and some personal "wisdom"
- The differential equations of love
- Mr.Thumbnail



Outline

- A bio and some personal "wisdom"
- Rethinking Passwords (a current stump speech, but with a little research in it)
- Mr.Thumbnail



Rethinking Passwords

Bill Cheswick AT&T Labs - Research <u>ches@research.att.com</u>



OAG password rules

- * The password must be at least seven characters long and cannot exceed fifty characters.
- * The password is case sensitive and must include at least one letter and one numeric digit.
- * The password may include punctuation characters but cannot contain spaces or single or double apostrophes.
- * The password must be in Roman characters



World of Warcraft Wizard Rules

- * Your Account Password must contain at least one numeric character and one alphabetic character.
- * It must differ from your Account Name.
- * It must be between eight and sixteen characters in length.
- * It may only contain alphanumeric characters and punctuation such as A-Z, 0-9, or !" #\$%.



United Airlines rules

Passwords may be any combination of six (6) characters and are case insensitive.

Your password will grant you access to united.com, as well as other United features such as our wireless flight paging service, EasyAccess.

For security, certain passwords, such as "united" and "password" are not allowed.

Passwords are case insensitive; please remember how it is entered



Minimum password length is six (6) characters and must include characters from at least two (2) of these groups: alpha, number, and special characters.



8 of about 90



- * New Password must be minimum 7 alpha/numeric characters.
 - * New Password must contain at least 1 numeric symbol.
- * Answer to Secret Question needs to be from 2 to 32 characters.



Passphrase Rules:

It must be a minimum of 4 words separated by blanks, at least 1 word must be 5 characters or longer.

It is case sensitive and cannot be less than 11 characters or more than 50 characters long including blanks.

It cannot contain single quotes, double quotes or ascii newline characters.

It cannot contain 3 or more consecutive identical characters.

You may NOT reuse any of the last 6 previously used passphrases



10 of about 90

- The password may not contain your user name.
- The password must contain a minimum of six characters although eight characters are recommended since future complexity parameters will require an eight-character minimum.
- The password must contain three of the following characteristics:
 - Uppercase alphabet characters (AZ)
 - Lowercase alphabet characters (az)
 - Arabic numerals (09)
 - Non-alphanumeric characters (for example, !,\$,#,%)



II of about 90

- Passwords shall not contain any proper noun or the name of any person, pet, child, or fictional character. Passwords shall not contain any employee serial number, Social Security number, birth date, phone number, or any information that could be readily guessed about the creator of the password.

- Passwords shall not contain any simple pattern of letters or numbers, such as "qwerty" or "xyz123".

- Passwords shall not be any word, noun, or name spelled backwards or appended with a single digit or with a two-digit "year" string, such as 98xyz123.

- Pass phrases, if used in addition to or instead of passwords, should follow the same guidelines.

- Passwords shall not be the same as the User ID.

Create a password between 8 to 15 characters. Your password must contain at least:

- one special character (shift-number)
- one uppercase character
- one lowercase character
- and NOT contain any spaces







Use A Different Password on each Target System



Change Your Password Frequently



Don't Reuse Passwords



Don't Write Your Password Down



Who is Responsible For This Eye-Of-Newt Password Fascism?





at&t

What are these rules for?







Dictionary Attacks

How many times can I try to guess your password?



How Many Guesses? History of passwords

- A:a lot
- A: jillions
- A: zillions
- A: three
- A: three, and the correct answer changes each time you try



A:A lot of guesses

- Late 1970s, when Unix passwords were hashed with a salt (Morris and Thompson)
 - That made pre-computation impractical
- Access is mostly timesharing



A: Jillions

- Moore's Law carries on, people don't pick better passwords
- Networked services offer access to password files on misconfigured sites
- WAYWYT?



A: Zillions

- Today
- Multicore computers are perfect for password cracking
- Clouds, botnets, screen savers are all perfect for dictionary attacks
- If brute force doesn't work, use more.



The Dictionary Attack Arms Race

- Moore's Law: 12 doublings since 1990
- And multi-core CPUs are perfect for password cracking
- Can a human choose and remember a password that a computer can't guess when limited only by computer speed and time available?



Evolution of the bad guys

- academics
- teens without girl friends
- governments
- organized crime, drug lords, terrorists



We Knew People Pick Weak PWs by 1990

• Klein, D. V.; *Foiling the Cracker; A Survey of, and Improvements to Unix Password Security*, Proceedings of the United Kingdom Unix User's Group, London, July 1990.



It is simply poor engineering to expect people to select and remember passwords that are resistant to dictionary attacks



29 of about 90

Results

- People violate many of these rules routinely, for usability reasons
- Stringent rules increase use of fall-back systems, which are usually less secure, or more expensive
- The rules don't make most things more secure in the face of most current threats



A:Three guesses

- Lock the account for a while or forever if there are too many wrong guesses in a row, or too many wrong guesses forever
- A locked account is a pain, but much better than illicit access
- Any non-moronic password can now be used



Non-moronic password rule

Pick something a friend, colleague won't guess in a few tries.



Summary solution

- Limited guesses and lock the account
- Non-moronic passwords



The Problem: the threat model has changed

- Dictionary attacks are not used very much any more
- Keystroke loggers and phishing beat any strong password
- If I watch (or listen!) to you type, I can get the full password regardless of complexity!

34 of about 115 😂

A: three, and the correct answer changes

- This is done with one-time passwords
- The answer is based either on the time, or the response to a changing challenge
- Usually requires hardware, or a piece of paper (but see below)



SecureID






SecureNet Key SNK-004





A login from my distant past

RISC/os (inet)

Authentication Server.

Id? ches Enter response code for 70202: 04432234

Destination? cetus \$



Challenge/Response passwords

- Gets us out of the game
- Sniffing is not useful
- Man-in-the-middle can still be used
- Pretty much nothing to forget
- A PIN is helpful to make two-factor
- Surprisingly cheap



Why aren't these ubiquitous?

- Cheap devices available before 1990
- People hate:
 - Having to carry the device
 - Entering the challenge (why SNK lost)
 - Entering the response
 - Carrying multiple devices



Further password criteria?

- Text-only is most general
 - The web isn't the only place we need these solutions
 - But maybe iPhone-like interfaces will be ubiquitous enough
- Memorability? Shoulder-surfing?



Password Properties

- Memorable?
 - Single use?
 - Daily, monthly, yearly?
 - Cost if forgotten
- Hardware needed?
- Training steps needed
- User selected?

- Changeable?
- **Text** Easy to write down?
 - Easy to describe or transmit?
 - Authentication speed
 - Text, graphical, bio, other

42 of about 115

Some Password Ideas







from Dirik, Memon, Birget; SOUPS 2007



Passfaces

Passfaces Logon (Java enabled page)

) 0 0











Press Next (Don't worry about remembering your passfaces at this stage)

previous

next



Deja Vu (Recognition-based)



at&t



Draw a Secret



Lin, Dunphy, et al. SOUPS 2007



Use Your Illusion (SOUPS 2008)



Please memorize the three distorted images shown above. ΟК

49

about 115 🗳 at & t



Some Whacko Ches Ideas

Passmaps





TODO: Find a point in New York State Adirondacks are nice 51 of about 90 State







Lakes have interesting shapes, let's zoom in on the middlebout 90





Upside down dog in the upper left 54 of about 90





Dogs bark, check out the voice box 55 of about 90





PW is lat/long of the center island 56 of about 90



Passmaps?

- Reproducibly zoom in on a remembered set of map features?
- Lots of bits
- Maybe hard to shoulder surf
- Not challenge/response
- memorable over a year?

• Nice for a touch screen?

Some Whacko Ches Ideas

How about passgraphs? Get Google out of the loop



58 of about 90























Passgraphs?

- Similar to passmaps, but Google is out of the equation
- Maps can have a personal meaning
 - Is this a good thing, or a bad thing?



Some Whacko Ches Ideas

Obfuscated human-computed challenge response



Problem

- One-time passwords solve a lot of password problems
- One-time passwords (usually challenge/ response) require something you have
- Equipment can be expensive, and it may be necessary to authenticate when equipment is not available









Baseball players

- Under a lot of stress
- Information is often vital to the game
- Not always the sharpest knife in the drawer
 - Babe Ruth forgot the signs five steps out on the field


Key insight?

 Humans can't compute well, but perhaps they can obfuscate well enough



Proposed approach

- Use human-computed responses to computer challenges for authentication
- Though the computation is easy, much of the challenge and response is ignored
- Obfuscation and lack of samples complicate the attacker's job beyond utility



Challenge:

Response:

ches 00319 Thu Dec 20 15:32:22 2001 root 00294 Fri Dec 21 16:47:39 2001 ches 00311 Fri Dec 21 16:48:50 2001 ches 00360 Thu Jan 3 12:52:29 2002 ches 00416 Fri Jan 4 09:02:02 2002 ches 00301 Fri Jan 4 13:29:12 2002 ches 00301 Fri Jan 4 13:29:30 2002 ches 00308 Tue Jan 8 09:35:26 2002 ches 84588 Thu Jan 10 09:24:18 2002 ches 84588 Thu Jan 10 09:24:35 2002 ches 00306 Thu Jan 17 10:46:00 2002 ches 00309 Fri Jan 18 09:37:09 2002 ches 00309 Fri Jan 18 09:37:36 2002 ches 00368 Tue Jan 22 09:51:41 2002 ches 77074 Tue Feb 19 09:02:52 2002 ches 77074 Tue Feb 19 09:02:57 2002 ches 00163 Mon Feb 25 09:24:30 2002 ches 00163 Mon Feb 25 09:24:35 2002 ches 00156 Tue Mar 12 12:41:12 2002 ches 00161 Fri Mar 15 09:41:20 2002 ches 00161 Fri Mar 15 09:41:36 2002 ches 00160 Mon Mar 25 08:52:59 2002 ches 00160 Mon Mar 25 08:53:09 2002 ches 29709 Mon Apr 1 11:36:34 2002 ches 41424 Mon Apr 8 09:49:09 2002 ches 85039 Tue Apr 9 09:46:06 2002 ches 00161 Thu Apr 18 10:49:14 2002

23456bcd; f.knj3kdi2jh3yd6fh:/ /ldh3q7fql jdi38kfj934hdy;dkf7 jf/13kf.12cxn. yj2mdjudurut2jdnch2hdtg3kdjf;s'/s j2mdqfj./m3hd'k4hfz /16k3jdq, jf010fk;.j heu212jdg431j/ jfq.bv,vj/,1 no way 1 way is best!/1 * no * jzw 84137405jqf/ * no * d hbcq3]'d/* no * d ozhdkf0ey2k/.,vk01 3+4=7 but not 10 or 4/2/.,kl9djfir 3 * no * 222 2272645 4 ab3kdhf 04 898for/dklf7d

at&t

75 of about 90

Pass-authentication

- Literature goes back to 1967
- A variety of names used: reconstructed passwords, pass-algorithms, human-computer cryptography, HumanAut, secure humancomputer identification, cognitive trapdoor games, human interactive proofs



Possible uses

- emergency holographic logins ("passwords of last resort")
- use from insecure terminals, when single session eavesdropping is probably not a problem
- if a solution is found: daily logins
- home run: online transactions: banking



Problems

- Can Joe Sixpack do this?
 - Math is hard
 - Procedural vs informational knowledge



Current Threats and Some Revised Advice



Disclaimer

- These are all guidelines, suggestions, thoughts for your own risk/benefits analysis
- Every security person I've discussed this with has a somewhat different take
- Rethink and reengineer these systems, when appropriate



Threats to casual targets

- Password capture by phishing
- Password capture by keystroke logging
- Not dictionary attacks
 - Most online systems limit password guessing
- Most attacks are wholesale, not targeted



Dictionary attacks still a concern

- For standard Unix logins
- For ssh password logins
- Against captured oracle streams, like PGP and ssh key files, cleartext challenge/ response fields in protocols
- These are not mainstream attacks these days. Stolen laptops/iPhones a concern



Recommendations for users

- Use three levels of passwords based on importance:
 - No importance: NY Times, etc.
 - Inconvenient if stolen: Amazon
 - Major problem if abused: bank access, medical records(?)



For users (cont.)

- Write down the rare ones if you must
- Don't write down the password, write a reminder of the password
- Use variations to meet "strong" password requirements.
- Do note required variations (i.e. lower case, no spaces)



Save your passwords with Firefox?

- Little difference against keystroke logging
- Key-ring protection mechanisms subject to dictionary attacks
- If stolen, you have given away an authentication factor



If you must, here are at least 60 random bits

- value part Peter sense some computer
- anxiety materials preparation sample experimental
- bliss rubbery uncial Irish
- 2e3059156c9e378



lf you must

- not user-chosen, but user can veto, waiting for a "good one"
- User-chosen phrases have *much* lower entropy
- they are going to write it down, for a while
- for daily use: who's going to remember this over a year?



Words are better than eye-of-newt

- much easier to type
- spelling checking (iPhone) is your friend, not enemy



Entropy, >41 bits per line

You grim-faced pipe of pleuritic snipe sweat You dire chiffonier of foul miniature poodle squirt You teratic theca of pathogenic moth dingleberry You worrying pan broiler of bilious puff adder slobber You vile wok of tumorigenic aphid leftovers You baneful reliquary of pneumonic miller stumps You atrocious terrine of harmful Virginia deer vomition You excruciating pony of septic redstart eccrisis You blotted kibble of unhygenic wild sheep spittle You hard-featured fistula of podagric macaque flux

89 of about 115 😂

Uncial

<u>un</u>cial |'ən sh əl; -sēəl| *adjective*

1 of or written in a majuscule script with rounded unjoined letters that is found in European manuscripts of the 4th–8th centuries and from which modern capital letters are derived.

2 rare of or relating to an inch or an ounce.

noun an uncial letter or script.



iPhone-friendly passwords?

- grade likes jokes guess
- goes joke gold gods rode fire rows
- votes mines bored alike yard

- what knit bomb unit star grow
- actor agent above angel abuse
- honey learn least lemon links

91 of about 115

19 bird fled flew view core cows gods goes fire toes tide tied ties hide blew bore boss hire code goes 18 joke mood joke mild mile mind mine none hold hole home nine bold kind bond bone blow bike bile 18 gold food cold come cope file gold golf told good time tips hold hole home hope bold bike bile 8 bird fled flew view core gods goes fire toes tide tied ties hide blew bore boss hire code gods 17 fled flew toes does dose tide tied ties died dies road rode rose rows ride else rise rose 17 rode fled flew fire toes does dose tide tied ties died dies rode rose rice ride else rise 17 fire vote view core gods goes fire toes does tide tied ties died dies rode ride cuts code 17 dose fled flew side cows does size dose died dies road rode rose rows ride else rise code 17 fled flew core side cows fire does dose died dies rode rose rows ride else rise code does 16 fond guns tune file find fine gold gone told tone tons rule runs time role fund time file food cold come cope duke file gold told good door rule time tips role rope cups 6 core side cows fire does dose died dies rode disc rose rows ride sure rise code 16 died dare date days rage ears rare rate rats safe cage fate card care cars cats says 16 date 15 food cold cope file gold golf told good tips hold hole hope bold bike bile good 15 fine fond tube come guns tune duke find fine gone tone tons done runs time fund 15 fond tube come guns tune duke find fine gone tone tons done runs time fund find 15 core side cows fire does dose died dies rode rose rows ride sure rise code dies 15 guns joke gold gone good none hold hole home nine bold bond bone bike bile bike 14 fled flew gods goes fire toes tide tied ties rode rose rows ride rise toes fled flew toes does dose tied ties died dies road rose rows else rise 14 rows



Easy words?

adapt charm fruit media relax thick inch a admit chart fully think iron reply meets m rings throw isle adopt cheap funny mercy V check adult minus rival giant toxic item at again cheek gifts model round track by keen keep agent choir given money rural trail cm ft civil grant ahead month salad kept trees ii knit alarm claim graph moral scale trial album clear la know group motor trips scene clerk habit mouth lamb alive truly scope my alpha clock happy twice lamp movie serve act aha left coach angel harsh uncle mummy seven all lend shall under anger coast heart music heels nails loch angle could shape union arm hello ask crack sharp main apart nasty units shelf bed apply crime naval hence unity many shell mark cruel until argue honey nerve cup meal array hotel shock upset curve never erm

93 of about 115 😂 atet

Rethinking Passwords

Bill Cheswick AT&T Labs - Research <u>ches@research.att.com</u>



